

Introductory comments from Joan and John

Joan: Well, Hello! Welcome, everyone to our first session of Level 2. We are so excited about being together with everyone this evening and co-creating with you this year. It promises to be quite an exciting year!

John: Yes, it does. Thank you for that. And just so you make sure you're on the right call, this is the Seating of the Divine on Earth, Level 2, Session 1, January 10, 2017. And we do welcome you to our first session of Level 2, and we're pleased to have you all back with us for the second year of this important sharing.

Now the format for this evening will start with a centering meditation, then a review, and some sharing of information, and finally a channeling from Lord Melchizedek, and after, he will give us a major energy upgrade. And after he does that, the session will be closed.

He has also asked me to share with you that this year's sessions will be much more interactive. He has asked that you all keep a journal with your thoughts and questions. And then, do a meditation to ask for answers. He feels that through this process, the information exchange in questions will be much more fruitful. We have a lot of Light Body work to do this year as well as prepare ourselves for our Crystal Conference in 2017 in June. We will be retrieving more templates from the crystalline grid. And after conversations with them recently, I guess I really didn't realize how important a feat that was for us in 2016 to retrieve the templates that we did. And this is even going to be better and more exciting. So – pretty neat year!

Now the work that we did last year, of course, was extremely important, and for all of mankind. And this year's retrieval will be just as important.

Let's all take a deep breath and assist Joan in bringing forth Archangel Gabriel for our opening centering meditation.

[2:20]

Gabriel Centering Meditation

Greetings, it is I, Gabriel.

I am here with you this evening to lead you in a centering meditation. This meditation will prepare you for the discussion that will ensue during the course of our time together.

So if you will take a deep breath, letting go of the thoughts and the events of the day.....
Be very present in this moment. Be very centered in your Sacred Heart consciousness.

Now, let us begin with activating your personal Merkaba field.....

In this state of consciousness, Beloveds, you have used your Merkaba field for some time now. So it is not just a matter of a step-by-step process, but it is only by shifting your attention to that Merkaba field and recognizing that it is always in a state of activation. So recognize, now, that that beautiful Light-filled personal Merkaba field is spinning at 100% Light. You are Light, magnificent Light!

And as you focus your attention on yourself within this Merkaba field, you recognize yourself as Light, beautiful, radiant Light..... Feel the shift in your energy field as you have drawn your attention to this state of being.....

The body responds..... There is Joy in the emotions..... The mind is calm but yet alert and fully aligned with your Christed nature..... [Pause]

Notice how easily you shifted into this state of being..... In just a breath or two, with your attention, all parts of you quieted. Your energy was focused and unified. And there was a brilliance of Light that emanated from your physical state of being.....

Recognize this, Beloveds. For at any time throughout the day, you can be in this state of quiet, calm, perfectly harmoniously centered. Take advantage of this often, daily, throughout your day..... It will be a tremendous help to you, as you create your experience throughout the day.

Take a deep breath, being very centered and focused, and present in the moment.